



SHOE TYING CHECKLISTS

STEP-BY-STEP
VERBAL CUES & VISUALS
for

*Documenting
Progress*

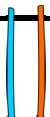






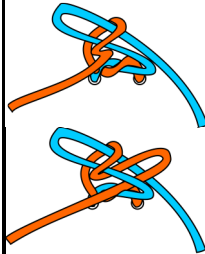
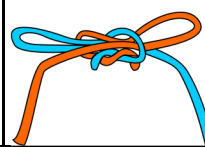
Versions Included:

1. Tie a Bow - Single Loop Method
2. Tie a Bow- Bunny Ear Double Loop Method

CHECKLIST: TIE SHOES

NAME: _____

SINGLE LOOP METHOD





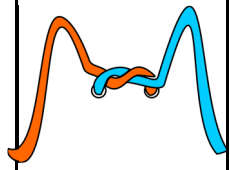
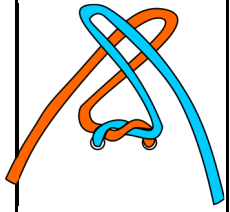
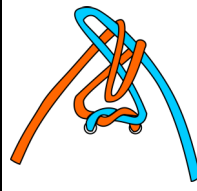
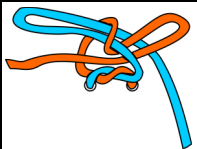
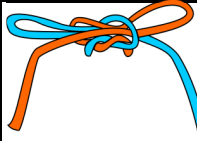
	STEPS	VISUAL	DATE				
MAKE A KNOT	① Hold a lace in each hand.						
	② Cross the laces to make an X with the left/blue lace in front.						
	③ Use right hand to push blue lace under bottom of X.						
	④ Pull the laces to tighten.						
SINGLE LOOP METHOD	① Make a large loop with the right/blue lace.						
	② Use left hand to loop the orange lace around the back of the right/blue loop.						
	③ Bring the orange lace around the front of the right/blue loop.						
	④ Use left hand to push the orange lace into the "hole".						
	⑤ Each hand holds a loop and pulls to tighten.						

+ = Independently
D = Demonstration/Visual Cues

VC = Verbal Cues
P = Physical/Hand Over Hand Assistance

CHECKLIST: TIE SHOES

NAME: _____ BUNNY EAR DOUBLE LOOP METHOD

	STEPS	VISUAL	DATE				
MAKE A KNOT	① Hold a lace in each hand.						
	② Cross the laces to make an X with the left/blue lace in front.						
	③ Use right hand to push blue lace under bottom of X.						
	④ Pull the laces to tighten.						
BUNNY EAR METHOD	① Loop each lace into a "bunny ear" and then hold a "bunny ear" in each hand.						
	② Cross the "bunny ears" over each other with the right/blue ear loop in front of the left/orange ear loop.						
	③ Use right hand to fold orange "bunny ear" over blue "bunny ear".						
	④ Push right/orange lace through the "hole"						
	⑤ Hold a "bunny ear" in each hand and pull to tighten.						

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